# HospiceTalk

NEWS FROM OUR COMMUNITY FOR OUR COMMUNITY

OCT 25



# It's the little things

Meet Anne, our hospice pharmacist

When it comes to caring for people at home, sometimes it's the little things that bring the most peace of mind. For many whānau, medications can feel overwhelming - what to take, when to take it, and what to do with the ones no longer needed.

That's where Anne, our pharmacist, makes such a difference.

Anne visits patients in their homes, checking that medications are safe, up to date, and easy to understand.



Positioned proudly by the front doors of Te Rangimarie, Hug welcomes everyone who enters, and farewells those who leave - a gentle reminder that love and care surround all who come through our doors.

To read the full story head to our website.

She gently guides people, answering questions and making sure everyone feels confident about what they're taking.

She can also remove medications that are no longer required, ensuring they are safely disposed of — one less worry for patients and their families.

Anne's calm presence and clear advice help lift a weight from people's shoulders, leaving more room for what matters most: spending precious time together.

## Hug / Awhi welcomed

Under calm skies and surrounded by our Hospice whānau, we warmly welcomed Awhi / Hug into our fold. The morning began with a warm whakatau led by Jack Cassidy of Ngāti Te Whiti hapū, followed by beautiful words from our Support Services Manager, Stacey Marshall.

'Hug' is a striking stone sculpture, lovingly created by local artist Michael Warner, and gifted to Hospice Taranaki by Michael, Annie, Kate, Patrick, and Lily — in memory of their son, brother, and uncle Matthew, whose hugs truly unforgettable. The inscribed on the sculpture reads:

"In memory of Matthew, who gave the best hugs."

Awhi / Hug beautifully represents who we are and what we stand for - inclusivity, compassion, and connection.

## Lets talk openly about Eye Donation

LEAVING A LEGACY

t's not something we talk about every day – but for over 350 people in Aotearoa each year, a corneal transplant can restore sight, independence, and quality of life.

The catch? Eye donation can only happen if someone chooses to be a donor after they pass away.

Right now, there aren't enough donors to meet the need. In fact, over 50% of current donations come from Australia.

That's why having open, honest korero with whānau is so important – especially near the end of life.



Dr Paola Valli. Eye Donation Advocate

One cornea donation can help up to four people regain their sight.



At Te Kahu Pairuri Hospice Taranaki, our team gently raises the topic early, with care and compassion. From January to July 2025, we had the highest number of eye donors in Aotearoa, thanks to open conversations.

#### How it works:

- 1. Decide Most people aged 10–85 can donate. It's a respectful, quick procedure that doesn't affect funeral plans.
- 2.Tell your whānau Eye donation must be approved by the next of kin.
- 3. Talk to your doctor or nurse They'll guide you through the process with Organ Donation NZ.

Even though 48% of Kiwis say they're willing to donate, only 1% do – often because their whānau didn't know.

If you've ever thought about donating, now's the time to talk about it. Let your whānau know your wishes.

For more info, visit: NZ Eye Bank

## Whāngai i te hautapu

HONOURING LOVE & LOSS DURING PUANGA



his year, Puanga Matariki was celebrated with the blessing and scattering of ashes throughout the beautiful garden here at Te Rangimarie.

Cremated with care, these ashes, are made up from the messages placed on the very special Trees of Remembrance displayed at Centre City and Stratford during the 2024 Christmas season. They carry with them the sentiments of aroha, grief, memories and hope of those who have lost someone dear to them.

The celebration of spreading the ashes during Puanga is an important part of the year for Hospice Taranaki staff and volunteers. It is a time to reflect, celebrate, and look forward. It embodies cultural connection, spiritual renewal and shared reflection for our community.





#### **OPEN HOURS**

WESTOWN Mon- Sat 9am - 3pm 112 Tukapa St, New Plymouth Phone: 06 753 8640

WAIWHAKAIHO Mon-Fri 9am - 3pm Sat 9am - 1pm 1 Katere Road New Plymouth Phone: 06 758 8647

WAITARA

Mon-Sat 9am - 3pm 37 Princess St, Waitara Phone: 06 242 1006

HOSPICESHOP WAREHOUSE Donation Drop Off 19 Borrell Ave, NP. Mon - Sat 9am - 3pm

HOSPICESHOP In a BOX 19 Borrell Ave Weds - Sat 10am-2pm

STRATFORD Tues- Fri 9am - 3pm Sat 9am - 1pm 36 Miranda St. Stratford Phone: 06 765 0900

**HAWERA** Mon - Fri 9am - 3pm Sat 9am - 1pm

104 High St, Phone: 06 278 4593

Donations of re-salable goods are welcomed at Waitara, Stratford, Hawera and Waiwhakaiho HospiceShops during shop open-hours.

Head to our website to book a donation pick up!

## Something EXTRA is happening!



**Donate-Recycle-Repeat** 

The HospiceShop Warehouse on Borrell Ave is now selling items from its new container shop!

Bulk clothing available. Items may carry small signs of love and life, perhaps a missing button, a tiny stitch out of place, a frayed hem, a faint mark, or a minor repair-but each item still has enough life to save it from

Clothing is \$2 per KG and shoes are \$1 a pair.

**CASH & EFTPOS AVAILABLE** 

## Bowls & Bingo- A 'bowl' lot of fun!

Our Bowls & Bingo Night on August 22 at Paritutu Bowling Club was a blast!

With 16 teams, creative outfits, and plenty of laughs, the night was filled with Bowls and a hilarious round of bingo thanks to Mrs Brown (Morris West!) all topped off with a delicious meal.

We are so grateful to you for joining us, our awesome volunteers and sponsors: Jean Sandel Retirement Village, Paritutu Bowling Club, Abrahams Funeral Home, and Craig & Val for the amazing food.

Together, you made it happen, raising over \$4000!





#### Teeing Off For Hospice Sponsor Update

George MacArthur and the Teeing Off for Hospice committee offer a warm welcome to the Gold Sponsor for the 2026 Event - Platinum Homes.

We look forward to working in partnership with all of our generous sponsors and supporters on this special event.

To see the full list of our incredible sponsors, please take a look at the new Teeing Off for Hospice event website by clicking here: Teeing Off for Hospice or by scanning this QR code.



#### Your generosity during September has made it possible for us to:



welcome 52 new patients into our care.



care for 246 people around Taranaki every day.



make 3,273 visits to patients out in the community.



provide complex or end-of-life care in Te Rangimarie to 20 patients.



farewell 42 patients. Ensuring their last days and weeks were made comfortable and dignified.

## THANK YOU! Hospice Champions

Paul & Bernadette Bourke Clelands Construction DairyMaster Carol and Royce Dimock **Eagers Funerals** G.J. Gardner Homes G.J Sole Transport LTD Hardy Packaging JRI Insurance Jones & Sandford Joinery Ltd **KDH Property Group** McCurdy Trucks McDonald Real Estate Pete Baylis P&P Engineering Consultants Daniel and Rene Radcliffe R & S Dreaver Re-Lume Electrical Taranaki Steelformers The Devon Hotel Vivian Pharmacy Washer & Co Ltd Wells WR Phillips Z Energy



## 'Kopiko Aotearoa' calling!

Caleb Robinson is about to embark on the ride of a lifetime - the 'Kopiko Aotearoa', a cycling brevet. On October the 25th, Caleb, along with 44 others, will have 10 days to cycle from East Cape to Cape Egmont, a total of 1060km. Inspired partly by his mother, who worked as one of our nurses in Stratford, his goal is to raise money for Hospice Taranaki as he makes his way across the country. We wish you well on this life defining adventure Caleb! Follow his progress and givealittle page via our Website.



#### Want to learn more?



<u>www.hospicetaranaki.org.nz</u> heart of everything we do.

Visit our website to learn more about the wide range of services offered by Te Kahu Pairuri Hospice Taranaki.

Discover how we support our community — from Art Therapy, Community Support to our unique Mauri Mate framework. You can also read heartfelt stories that reflect the care and compassion at the heart of everything we do.

## Donating has never been easier!

Get in touch with us today to learn how simple it is to start payroll giving. We're also happy to visit your workplace to talk about payroll giving or other meaningful ways your business can support our community.



Choose a donation amount to be deducted from your pay. Let your employer know your wishes and they will set it up on your behalf.

Receive a 33.3% tax credit on your donation over \$5. ie: if you donate \$10 you will receive a \$3.37 tax credit immediately into your pay.

Know that your donation will make a huge difference to the lives of those receiving hospice care right here in Taranaki.

### We are here to care for you - Ways you can Donate / Support us



Visit our website to make a donation online.

Via Internet Banking Hospice Taranaki Inc TSB: 15 3948 0365008 080 Ref: Your last name, Ph number and reason for donation Cash donations can be made by visiting us at Te Rangimarie on David St.

Be a payroll giver

Be an event sponsor

Be a Hospice Champion

Leave a gift in your will

All donations over \$5 are eligible for a tax credit and will be receipted.

For more information contact Rose on: rose.whitaker@hospicetaranaki. org.nz

#### Contact us:

Te Kahu Pairuri Hospice Taranaki Te Rangimarie 5 David Street

New Plymouth Phone: 06 753 7830 Email: events@hospicetaranaki.org.nz

Facebook.com/taranakihospice To make a donation:

TSB Bank: 153948 0365008 80 Ref: Name and phone number

