

HOSPICE TARANAKI

TE KAHU PAIRURI KI TARANAKI

PALLIATIVE CARE SERVICE



 Hospice Taranaki
Te Kahu Pairuri ki Taranaki

You matter because you are you. You matter to the last moment of your life.

~ Dame Cicely Saunders (founder of the modern Hospice movement)

The Tui is a symbol of life fulfilment, confidence, and spiritual harmony. In Māori culture the Tui has powerful significance. They act as messengers to the Gods.

The Tui drinks from the Kowhai which is the flower that represents all Hospices in New Zealand

Welcome to Hospice Taranaki and the Palliative Care Service

We imagine you and your family/whānau are finding it difficult to adjust to the diagnosis that you have a life limiting condition and we appreciate how hard this can be.

This booklet is a brief outline of who we are and what we can offer you at this time.

What is Hospice Palliative care?

The Hospice Palliative Care service does not replace your GP who remains an important part of your care and will still review you, write your prescriptions and complete any paperwork you require.

The palliative care service consists of a group of skilled and committed nurses, doctors, social workers, support services, and a pharmacist who will work alongside you, and your GP to manage your care.

The aim of the service is to help you manage the symptoms of your condition so you can focus on your quality of life.

The support we offer extends to your family/whānau and those close to you.





What is the Hospice Taranaki Palliative Care philosophy?

- Hospice palliative care affirms life and will focus on the quality of **your** life.
- Hospice recognises that dying is a normal process of life and neither hastens nor postpones death.
- Hospice palliative care recognises that grief is a natural part of loss. Support is available for you and your family any time and during the bereavement period.
- Hospice will always maintain your privacy, which is why cars are not marked, and uniforms are not worn.

Telephone advice line

Our services provide you with nursing support 24 hours seven days a week - the number is on the magnet in your folder – please put it on your fridge so it reminds you to call us.

06 753 7830

COVID-19

With the arrival of COVID we need to do some things differently to protect you, ourselves, and all others in our care. We will ring before visiting and may, at times, have to wear additional protective clothing. By doing this we are keeping ourselves, you and other patients safe.

What services can we offer you?

As your condition changes you may wish to link in with some of these services:

- Specialist support by our Nurses in your home.
- Specialist Palliative Care Doctors to provide medical support for your GP
- Admission to the Inpatient hospice unit should this be required.
- Counselling, bereavement services and spiritual care.
- Provision of equipment
- Biography Service
- Respite Care
- Education and training for those caring for you
- Cultural support
- Māori Liaison Kaitakawaenga and Kaiawhina

Where will services be provided?

Care is provided in any setting, in your home, in a residential care facility (rest home), in Base or Hawera hospitals or within the Hospice itself depending on your needs at the time.

Within your home

Palliative community nurses work throughout Taranaki to provide support and care in the home.

Sometimes this support is education and training for your care giver, sometimes for you. Your nurse will work with you and your carer/s to ensure your needs are being met.

Hospice Taranaki can also provide equipment for you as your needs change. A variety of equipment is available such as lazy-boy chairs, walking aids, pressure relieving mattresses and cushions and beds. We can deliver these to your home and collect them when no longer needed.

The Hospice nurses will support your family by linking them with services to assist with personal cares such as showering. Taranaki Base Hospital community services will undertake the assessment you will need to access these services. Either your GP or the hospice nurse can arrange for this to be undertaken.

In the Hospice

Te Rangimarie Hospice has five inpatient beds which can provide short term care.

Most patients come into hospice for symptom management and are discharged home again or occasionally into an Aged Care Facility if care can no longer be provided at home.

End of life care can be provided in the Hospice inpatient unit.

The main role of the inpatient unit is to manage symptoms so you can be as comfortable as possible.

Respite care is also offered in the inpatient unit. This is a short stay for a few days to give your carers a break. If there are no beds in the unit another option may be a short stay in residential care (rest home).

The respite beds are available for planned carer relief.

Under some circumstances there is availability for family to stay with you.

Pets can visit you while you are in inpatient.



Services also offered within Te Rangimarie are:

- Wellness clinic
- Outpatient appointments
- Day programmes
- Support groups

In rest home care

If the care you need cannot be provided in your home, you may need to move into a longer-term care facility.

Our palliative care services continue if you need to go into a permanent care. Our Clinical Nurse Specialist and councillor will provide ongoing care and supervision.

Their role in your care will be:

- Providing 24 hours support and advice for rest home staff.
- Working alongside rest home staff to ensure your needs are met.
- Providing regular education to rest home staff.
- Liaise with your family about your Palliative Care needs.

In the public hospital

You may have been referred to our team directly from the hospital and you will have met our team while there. This team will be involved in your care whether you are in hospital for acute care or palliative care.

All services you receive from Hospice Taranaki are free of charge.

More information that you might need at some time.

After being diagnosed with a life limiting condition, you may have some concerns around how you might manage financially.

While there is no cost for any services you receive from the Hospice, if you require financial assistance, information is available on the Ministry of Social Development website under “Guide for Carers”.

We have included the website for you to visit:

<https://www.workandincome.govt.nz/eligibility/carers/care-illness-disability.html>



Physical Address:

5 David Street, Westtown, New Plymouth

Telephone:

06 753 7830

IVB - March 2022