

UPCOMING EVENTS

Hospice Syringe Driver Competency Course - November 2nd 1 - 3pm

Hospice Syringe Driver Refresher - November 9th 1 - 2.30pm

(This is your final opportunity to complete this training 2022)

Palliative Care Lecture Series - October 6th

Tender Conversations
Presented by Dr Kathryn Mannix, author of 'With the End in Mind' (2017) and 'Listen: How to Find the Words for Tender Conversations' (2021)

Watch them - wherever you are... you'll be able to access all you need for the lecture via a private webpage -

click
here!

A reminder for those who have completed the Fundamentals of Palliative Care.

Hospice NZ now runs the Fundamentals for palliative care online.

For those of you who have completed these modules, you will be required to come back to Hospice Taranaki for a series of 3 workshops which will be held onsite face to face on October 12th, 19th, and 26th 1-4 pm

Register here for October face-to-face workshops

Click here →



Brain Teaser Competition

Each month our newsletter will have a puzzle, activity or brainteaser. Submit your answers to paula.king@hospicetaranaki.org.nz.

August Brain Teaser Answer: Clouds

Last months winner:
Heather Koch

You go at red, but stop at green. What am I?

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ACF NEWSLETTER

#HOSPICELINK

We are excited to announce the Launch of our Short Snapshot video education sessions on the Hospice Taranaki Website !!- You will find these under Education/Aged Care - carer education

We understand time is precious, and release from work for ongoing education can be challenging at times. We have developed some short 10-15 min education videos on the Five most common symptoms experienced at end of life. The idea is that you may have a short period of availability within your work day, or that the Facility may wish to take the opportunity to present one topic sporadically at a nurse meeting when all staff is present. We hope you find them helpful, and feedback would be very much welcome if these videos are useful we can go on to develop further resources that are relevant to patients in ACF.

[Pain management](#)
[Restlessness/agitation](#)
[Nausea and vomiting](#)
[Shortness of Breath](#)
[Secretions](#)

"Hospice Taranaki cannot monitor/collect information on those that had completed these sessions. Please inform your Manager so that your professional development records can be updated to reflect your personal learning".

Have you heard of the Hospice Enema?

Well, if not - you are going to now! We have been using these enemas for several years now at Hospice Taranaki. We have found that it has very good "results" and often patients prefer these are they are a very gentle, soothing enema.

What's in it???

20mls Olive Oil, 20mls Blue Milk (cant be trim!), and 20mls Glycerine. Yes, you read that right! Most of the ingredients will be found in the kitchen! Glycerine can be purchased from a pharmacy just over the counter and staff can make up these enemas as required.

How do you prepare??

Mix contents in a cup/spec container and draw up into a 60ml syringe with a tip

How do you administer?

Insert lubricated foley catheter gently into the rectum - this enables the enema to be given high up, can insert until you have some gentle resistance

Attach 60ml syringe and gently push contents through the catheter to administer

It can be used every 3/7 if needed

Please discuss with your GP or Nurse Practitioner prior and gain consent for its use. If you would like a copy of our "Constipation guidelines" which includes a reference to the enema please contact me at lisa.mourie-hanrahan@hospicetaranaki.org.nz