

# ARC NEWSLETTER

## Upcoming Palliative Care Education

**June 1st** – Palliative Care Lecture Series – Palliative Sedation/Dexmedetomidine Dr Lana Fergusson

[Register here](#)

**June 8th** – Syringe Driver Competency course, Hospice Taranaki Education Suite, 1pm-3pm

**June 9th** – Cubro webinar – Pressure injuries and positioning screening at Education Suite, 2pm-3pm

**June 15th** – Syringe Driver Refresher course, Hospice Taranaki Education Suite, 1pm-2:30pm

**June 20th** – Palliative Care Snap-shot videos launch – 5 most commonly experienced symptoms for Palliative Care patients. Available on Hospice Taranaki Website.

Watch this space!

Palliative Care for Care assistants Course August Thurs 11th, Thurs 18th, Thurs 25th, Wed 31st, 1pm-3pm at Hospice Taranaki Education Suite [register here](#)

[Registration form](#)

## Brain Teaser Competition

Each month our newsletter will have a puzzle, activity or brainteaser. Submit your answers to

[paula.king@hospicetaranaki.org.nz](mailto:paula.king@hospicetaranaki.org.nz).

The winner will be announced in the next newsletter and a prize will be delivered! (first correct entry wins)

**I'm tall when I'm young, I'm short when I'm old and I glow as I age. What am I?**



Kia ora everyone

Your Friendly Hospice Taranaki Education Team are very happy that we are up and running again. We are now able to run our Education sessions in person, onsite here at hospice as we were before the great disruptor COVID. Fingers crossed that we are through the worst of it.

We know everyone remains extremely busy so we hope to make access to Palliative Care Education as easy as possible for you. Many of you may know that CNS Lisa Mourie-Hanrahan has picked up a day in Education and is able to hold presentations onsite at your facility. Common requests are – Signs and symptoms of Approaching Death, Communication at End of Life, Pain Management in Palliative Care and Bowel Management.

Please contact us at [lisa.mourie-hanrahan@hospicetaranaki.org.nz](mailto:lisa.mourie-hanrahan@hospicetaranaki.org.nz)

## MEET THE TEAM



**Lisa Mourie-Hanrahan**  
**Clinical Nurse Specialist Aged Residential Care**

I currently work Monday – Friday supporting Rest homes in New Plymouth, Bell Block, Waitara, Inglewood and Opunake.

I am also currently helping out the Hospice Education team doing one day a week, this may be running the Syringe Driver course competencies, refreshers – or topic presentations of interest at individual Rest homes.

My daily tasks involve Rest home visits and assessments of patients, bed side mentoring of staff, promoting care planning and suggesting interventions, liaising with GPs/Nurse Practitioners, communication with families and liaison with my colleague Kelly Family Support Counsellor ACF.



**Paula King**  
**Clinical Nurse Educator and Kaitakawaenga/Māori Liaison**

He mokopuna au o te maunga Taranaki  
Ko Taranaki ratou ko Ngāti Ruanui, Ngāruahinerangi ngā iwi  
Ko Paula King taku ingoa

I am a local girl born and trained in our beautiful region. I am wife to husband Jack, am Māmā to five adult children and Kui-nan to two beautiful mokopuna in Perth. I work at Te Kahu Pairuri ki Taranaki (Hospice Taranaki) as Clinical Nurse Educator and Kaitakawaenga/Māori Liaison Mon-Fri 8:30am-5pm. My role is to coordinate the Palliative Care Education for the region.

We are proud to have built strong relationships within the Aged Residential Care Sector and thank you for all that you do in your work with our precious Kaumātua/elderly-folk.