

UPCOMING EVENTS

Coming up next month we have the **Introduction to Palliative Care for Care Assistants**

This FREE course is run over four sessions on:

August 11, 18, 25 and 31
Wednesdays 1pm-3pm.

Session one Palliative Care, Holistic Care,

Session two Communication, Managing symptoms,

Session three Delirium, Dementia and Depression and Understanding Death and dying

Session four Understanding loss and grief and Self-Care

Click here →



Other upcoming dates

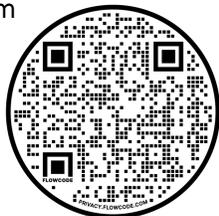
Palliative Care lecture series - COVID/Respiratory Disease and Palliative Care Dr Rachel Wiseman

4 August: 7:30am-8:30am

Syringe Driver Competency

10 August: 1pm-3pm

17th August - Syringe Driver Refresher
1pm-2:30pm



Scan here to register

Brain Teaser Competition

Each month our newsletter will have a puzzle, activity or brainteaser. Submit your answers to paula.king@hospicetaranaki.org.nz.

June Brain Teaser Answer: A candle

Last months winner:
Brittany Brandsma

When I look at her, she smiles at me.
When I wink at her, she winks at me.
When I kiss her, she kisses me back, but I can only ever kiss her on the lips never on the cheek. Who am I?

#HOSPICELINK

Tērā Puanga/Matariki ka rewa i te pae nau mai, haramai te hua o te tau hou

As you know we recently celebrated our first Matariki Public Holiday. In Taranaki we also acknowledge the star Puanga (Rigel). Puanga/Matariki is a time to reflect on the lives of those who have died in the previous year so, Hospice Taranaki would like to pay homage to those residents who lived out their last moments in the care of our wonderful ARC facilities and staff.

MEET THE TEAM



Kelly Moore
Counselling Student

I am one of a counsellors at Hospice working as part of the Family Support Services Team. I currently work Monday's and Tuesday.

I take an integrated approach to counselling, primarily based on talk therapy, but able to incorporate a variety of approaches depending on client needs and preferences. Talking in a safe, confidential space allows people to explore their thoughts and feelings, finding comfort, solutions, and/or acceptance. I am able to provide support to residents and their families in the areas of anxiety and depression, grief and loss, adjusting to a change in circumstances, nearing end of life, and relationships. I can also provide support and education to staff who may be struggling with grief.

After a long career working with people in a corporate setting I have returned to formal education and I am studying for a Bachelor in Applied Counselling from the Manukau Institute of Technology. I work under the ethical guidelines of the New Zealand Association of Counsellors. If you would like an appointment or to make a referral I can be reached via email or phone call to Hospice Taranaki.



Letiesha Sue
Hospice Triage Nurse

Kia ora everyone, my name is Letiesha Sue, I am a registered nurse and have been employed at Hospice Taranaki for the last 12 years. I have worked in the community as a palliative care nurse for many

years, I am now a Triage nurse on Monday and Tuesday at Hospice Taranaki, this involves accepting new referrals and meeting with patients and family for their first visit. On Wednesday and Thursday I work in education and help to support Paula with facilitation of this role, you may see me if you attend any of our education sessions here at Te Rangimarie, for example the "Palliative care for care assistants course", "The Fundamentals of Palliative care", or if you attend the Palliative care lecture series."

Living Every Moment

hospice
taranaki